

How to file a workplace harassment complaint?

Step-by-step Guide

1. Search “Fospah Complaints” on Google
2. Click on the first link

The screenshot shows a Google search for "fospah complaints". The first result is "Fospah: Login" with the URL "https://complaints.fospah.gov.pk". A red arrow points to this result. Other results include "Fospah Website" and "Fospah: Login" with the URL "https://www.fospah.gov.pk".

AI Overview

To file a complaint with the [Federal Ombudsperson Secretariat for Protection Against Harassment \(FOSPAH\)](#), visit the [FOSPAH Complaint Management System](#), call the helpline at 0344-4367367, or email complaints@fospah.gov.pk. FOSPAH handles workplace harassment, gender-based discrimination, and women's property rights.

How to File a Complaint

- **Online Portal:** Register and submit your details and documents on the [FOSPAH Complaint Portal](#).
- **Email:** Send your written complaint and supporting files to:

[Show more](#)

Fospah
<https://complaints.fospah.gov.pk>

FOSPAH: Login
Contact Us: Email: complaints@fospah.gov.pk Helpline: 0344-4367367 Landline Number: 051-9218845

Fospah
<https://fospah.gov.pk> Detail

Complaint Process
complaints@fospah.gov.pk Helpline: 92 51 9218845 Phone: 03444367367 Fax: +92 51 9262945 Email: complaints@fospah.gov.pk

Fospah
<https://www.fospah.gov.pk>

Fospah Website
7 complaints@fospah.gov.pk Helpline: 92 51 9218845 Phone: 03444367367 Fax: +92 51 9262945

3. Register using your credentials if you haven't done so before

The screenshot shows the "Registration" form for the Federal Ombudsperson Secretariat for Protection Against Harassment (FOSPAH) Government of Pakistan. The form is divided into several sections: Personal Information, Professional Information, Contact Information, and Login Credentials. A red arrow points to the "FOSPAH: Login" link in the search results above.

Registration

Personal Information

Name *
Full Name

Father Name *
Father Name

Gender *
Please select

CNIC (XXXXXXXXXX-K) *
12345-1234567-1

CNIC (Front) *
Attachment Choose File

CNIC (Back) *
Attachment Choose File

Professional Information

Organization Name
Please Enter

Designation
Please Enter

Department
Please Enter

Contact Information

Mobile No. *
Please enter

Landline No.
Please enter

Address *
Please enter

Province *
Please select

District *
Please select

Tehsil *
Please select

Login Credentials

Email *
Please enter

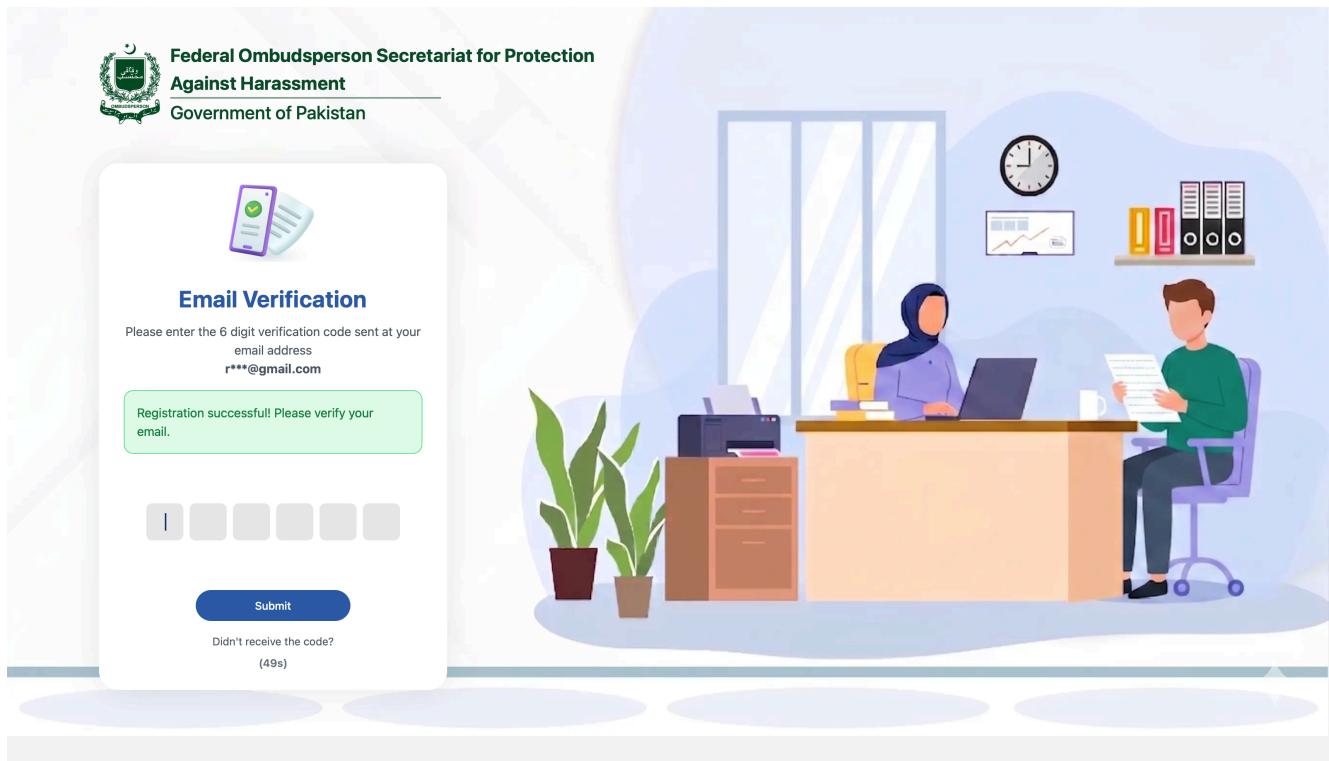
Password *
Please enter

Confirm Password *
Please enter

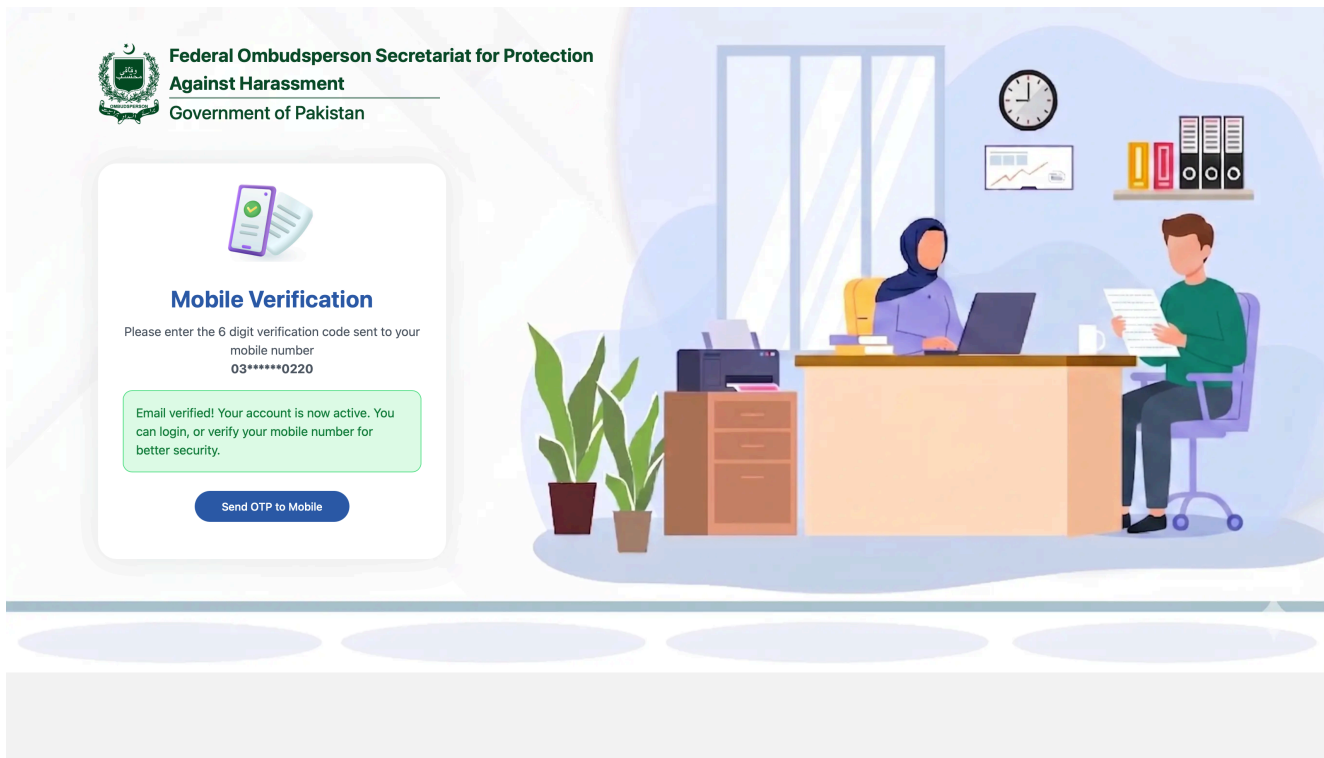
[Submit](#)

Already have an account? [Login](#)

4. After typing your details and clicking “Submit”, you will be prompted to verify your email address by a code that will be sent to your mail



5. After verifying your email, you will be asked to verify your phone number by entering an OTP code that was sent to your phone



6. Your verification is now complete. Log in to your account using any of the three ways



Federal Ombudsperson Secretariat for Protection
Against Harassment
Government of Pakistan



Login

Don't have an account? [Register Now](#)

Verification complete! You can now login.

CNIC Email Address Phone No.

Email Address

Please enter

Password

.....

☐ Remember me

[Forgot Password?](#)

Login

Contact Us:

Email: complaints@fospah.gov.pk Helpline: 0344-4367367
Landline Number: 051-9218845



7. Your dashboard will then open, where you can see the status of all your complaints
8. To file a new complaint, click on the "Complaint" tab on the left side of the screen

Federal Ombudsperson
Secretariat for Protection
Against Harassment
Government of Pakistan

Dashboard

Complaint

Cause List

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Rayyan Muzamnil
Complainant

Filters

Submitted Complaints
0

Pending Complaints
0

Deficient Complaints
0

Decided Complaints
0

Complaint Status

Decided Complaints
0

Pending Complaints
0

Deficient Complaints
0

Case Type-wise Stats

Complaints Overview Stats

Submitted Pending Resolved

9. Then click on the “Add New Complaint” button on the top right side of the screen

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Government of Pakistan

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Complaints List

Search by Case ID

Complaint Type

Case Type

Region

Status

Filter

Add New Complaint

Case ID	Complainant Name	Complaint Type	Case Type	Region	Status	Action
No complaints found. Create your first complaint						

Showing 0 to 0 of 0 entries

10. Select “Harrassment” in the Harrassment type option

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Complaint Form

1 2

Complaint Details

Complaint Type *

Select Complaint Type

Complaint Subtype *

Select Complaint Subtype

Details of Complaint *

Your text here.....

Upload Documents

Document Title

Please Enter

Attachment

Choose File

Choose File

Cancel

Add File

☐ I hereby declare that the information provided above is true and correct to the best of my knowledge. I understand that any false statement may lead to legal consequences as per the applicable laws

Save & Continue

11. Fill in all the details in the form and click “Save & Continue”



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Rayyan Muzammi
Complainant

Complaint Form

1

2

Complaint Details

Complaint Type *

Harassment

Complaint Subtype *

Select Complaint Subtype

Details of Complaint *

Your text here.....

Upload Documents

Document Title

Please Enter

Attachment

Choose File

Choose File

Cancel

Add File

Details of Harassment

Nature of Harassment

Select Nature

Nature of Employment

Select Nature

Type of Organization

Select Type

Place of Posting (Complainant)

Enter place

Place of Posting (Accused)

Enter place

Region *

Select Region

☐ I hereby declare that the information provided above is true and correct to the best of my knowledge. I understand that any false statement may lead to legal consequences as per the applicable laws

Save & Continue

12. Fill the second part of the form and click “Submit”



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Against Harassment

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Rayyan Muzammi
Complainant

Complaint Form

1

2

Details of Accused/Respondent

☐ Unknown

Personal Information

Name

Full Name

Father Name

Full Name

Gender

Please select

CNIC (XXXXX-XXXXXX-X)

12345-1234567-1

CNIC (Front)

Choose File

Choose File

CNIC (Back)

Choose File

Choose File

Professional Information

Company Name

Please Enter

Designation

Please Enter

Department

Please Enter

Contact Information

Email Address

Please enter

Mobile No.

Please enter

Landline No.

Please enter

Address

Please enter

Province

Please select

District

Please select

Tehsil

Please select

Back

Submit

13. Your complaint has successfully been submitted. The website will generate a complaint number and show it to you on screen.



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Secretariat for Protection
Against Harassment

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Rayyan Muzammi
Complainant

Details of Accused/Respondent

☐ Unknown

Personal Information

Name

CNIC (XXXXX-XXXXXX-X)

Professional Information

Company Name

Please Enter

Contact Information

Email Address

Please enter

Address

Please enter

Father Name

Gender

CNIC (Back)

Choose File

Department

Please Enter

Landline No.

Please enter

Province

District

Tehsil

Back

Submitting...

Complaint submitted successfully

FOH-ONL-MIS-H/00007/2026

OK

14. You can then see the status of your complaint on the dashboard and the complaint list



Federal Ombudsman
Secretariat for Protection
Against Harassment

Government of Pakistan

- Dashboard
- Complaint
- Case List
- Notices
- FAQs
- Profile
- Logout

Complaints List

+ Add New Complaint

Search by Case ID Complaint Type Case Type Region Status Filter

Case ID	Complainant Name	Complaint Type	Case Type	Region	Status	Action
FQH-ONE-MIS-10(00007)/2026	Rayyan Muzammil	Harassment	Harassment Misc. Application	Regional Office, Lahore	Pending	  

Showing 1 to 1 of 1 entries



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Secretariat for Protection
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Dashboard

Filters

Submitted Complaints 1

Pending Complaints 1

Deficient Complaints 0

Decided Complaints 0

Complaint Status

Decided Complaints 0

Pending Complaints 1

Deficient Complaints 0

Case Type-wise Stats

Total Cases 1

Harassment 1

Complaints Overview Stats

Submitted Pending Resolved